Tips for controls:
- Game tab - use the keyboard arrow buttons to apply force to the object.
- Be sure to try all the different tabs at the top of the simulation.
- Use the controls on the bottom to Pause, Step, or Record and Playback the motion. You must select Record before you start an experiment if you want it saved. The object is grabbable in Playback mode. It is useful to relate the object's motion to the graphs.
- The vertical gray line in the graph is grabbable in Playback mode. It is useful to relate the object's motion to the graphs.

Important modeling notes / simplifications:
- Thermal Energy - the surface will heat up due to work done by friction. The friction coefficients do not change when the surface heats up.
- Using the "Clear Heat" button will remove the thermal energy. While the surface is wet (blue) the coefficients of friction are lowered until the surface is dry again (brown).

Suggestions for sim use:
- We designed the motion sims to be used in the following order: Moving Man, Forces & Motion, then Ramp-Force and Motion.
- Two related sims are Ladybug Revolution and Ladybug Motion 2D.
- For tips on using PhET sims with your students see: Guidelines for Inquiry Contributions and Using PhET Sims.
- The simulations have been used successfully with homework, lectures, in-class activities, or lab activities. Use them for introduction to concepts, learning new concepts, reinforcement of concepts, as visual aids for interactive demonstrations, or with in-class clicker questions. To read more, see Teaching Physics using PhET Simulations.
- For activities and lesson plans written by the PhET team and other teachers, see: Teacher Ideas & Activities.

Authors: Loeblein. Podolefsky, last updated June 2011